



A-Z Directory of voluntary sector services

In the London
Borough of Sutton
for Children and
Young people





Sutton Centre for the Voluntary Sector

Sutton Centre for the Voluntary Sector is part of a national network of CVS's across the country, supported by the National Association for Voluntary and Community Action (NAVCA). The organisation's main purpose is to promote, develop and support the voluntary and community sector in Sutton.

We currently have around 300 voluntary and community groups in membership, which vary considerably in size and scope from smaller volunteer led and run community groups to larger organisations employing staff and providing services to significant numbers of local people.



Develop

Supporting voluntary and community organisations to function effectively, deliver quality services and become sustainably resourced.



Connect

Facilitating effective communication, networking and collaboration



Influence

Ensuring voluntary and community organisations are well represented and that the voluntary and community sector influences developments.

Find out more about our work by visiting www.suttoncvs.org.uk

Address: Sutton CVS, Granfers Community Centre,
73-79 Oakhill Rd, Sutton SM1 3AA

Telephone: 020 8644 2867

Email: enquiries@suttoncvs.org.uk

Introduction

Welcome to the Children, Young People & Family Directory of Services within Sutton's Voluntary Sector. Services have been split in to two areas (Universal and Early Help & Targeted) to help you find what you are looking for. Please be aware that some services have strict referral criteria so it is always wise to check the website or make contact via the phone number or email address provided.

Sutton's children and young people's voluntary sector is made up of over 70 charities, community groups and social enterprises that all exist not to make profit but to purely benefit the community of Sutton. They are governed by people giving their time and expertise (trustees and committee members) without being paid. Whilst trustee/management committee boards are made up of unpaid experts, across the 70+ organisations there are well over 500 paid Chief Executives, Managers and Frontline Practitioners delivering a range of universal through to specialist interventions to children, young people and their families. Alongside these members of staff are a dedicated army of volunteers giving up their spare time to help improve outcomes for children and young people across Sutton.

Voluntary and community organisations secure a substantial amount of external funding to provide much needed services for local people. In addition to this, some organisations are commissioned by the London Borough of Sutton. All of these services make a significant contribution to the priorities and outcomes of a range of local strategies including the Children & Young People's Plan, Joint Health & Wellbeing Strategy and the Local Safeguarding Children Board's priorities.

For further information or guidance on seeking services within, or working in partnership with, the voluntary sector please contact Tom Strannix at Sutton Centre for the Voluntary Sector on 020 8644 2867 or tom@suttoncvs.org.uk



Contents & Categories

Children & Young People with Disabilities

Barnados	17
Childrens Trust Tadworth	17
Contact a Family Sutton	18
DownsyndromeOK	18
HELPP!!	19
Jigsaw4U	20
KIDS	20
MERU	21
National Autistic Society Sutton	23
Roundabout	24
SCILL	25
South Thames Crossroads	25
Springboard Project	25
Sutton Christian Centre	27
Sutton Mencap	28
Sutton Opportunity Pre-School	29
Sutton Ramp Events	30

Mental health and emotional well-being services

Ambition Dance and Drama Community Group	17
FamilyLine	19
HELPP!!	19
Jigsaw4U	20
Mentoring and Peer Support (MAPS)	21
No Panic	22
Off The Record	22
Rape Crisis South London	23
Relate - Croydon & Wimbledon	24



Roundabout	24
Sutton Carers Centre	27
Sutton School Pastors	30

Early Years Groups, Afterschool Clubs and Youth Groups

Abbey After School Club	8
Bandon Hill Methodist Church Baby and Toddler Group	8
Bandon Hill Playgroup	8
Cheam Baptist Church	9
Chiltern Church	9
Clockhouse Community Association	10
EcoLocal	10
Girls Brigade	11
Good News Crew Playgroup	11
Little Angels Parents/Carers & Toddler Group (Kingdom Life City Church)	11
Surrey Clubs for Young People	12
Sutton District Scout Council	14
Sutton Salvation Army	14
Trinity United Reformed / Methodist Church	15
UnitedLife	15
Wallington Methodist Church	
Playbox Parent & Toddler Group	15

Family/Parenting support

Contact a Family Sutton	18
DownsyndromeOK	18
Family Focus	19
Family Lives	19
FamilyLine	19
HELPP!!	19
Home-Start Sutton	20
Positive Parenting and Children	23
Relate - Croydon & Wimbledon	24
St Teresa's RC Church	26
Sutton Citizens Advice Bureaux	26
Sutton Carers Centre	27
Sutton Christian Centre	27
Sutton Foodbank	28



Sutton Pre-School Learning Alliance	29
Sutton Women's Aid	31
Sutton Women's Centre	30
The Vine Project	15

Children and young people requiring additional support

Jigsaw4U	20
Mentoring and Peer Support (MAPS)	21
My Time for Young Carers	22
Prince's Trust Sutton	23
Rape Crisis South London	23
Riverside Community Association	24
Roundabout	24
Straight Talking	26
St Teresa's RC Church	26
Sutton Afasic Group	26
Sutton Carers Centre	27
Sutton Ramp Events	30
Sutton School Pastors	30
Sutton Women's Aid	31
Voice	31
Volunteer Centre Sutton NEET Outreach	31

Arts, sports and environmental groups

Ambition Dance and Drama Community Group	17
Carshalton Cheerleaders	8
Cheam Gymnastics and Trampoline Club	9
EcoLocal	10
The Gary Mason Charity	10
Surrey Predators	12
Sutton Churches Tennis Club	13
Sutton Community Farm	13
Sutton Ramp Events	30
Sutton Tennis & Squash Club	14
United in Dance	16



Advice and Mediation services

Contact a Family Sutton	18
Family Lives	19
FamilyLine	19
Merton & Sutton Mediation	21
SCILL	27
Streetwise Community Law Centre	12
Sutton Citizens Advice Bureaux	26
Sutton Centre for Equalities	13

Youth participation and leadership

Jigsaw4U	20
Straight Talking	26
Voice	31

Organisations commissioned by London Borough of Sutton

Barnados	17
CDSSL Young Persons Service	18
Childrens Trust Tadworth	17
Contact a Family Sutton	18
Family Focus	19
Home-Start Sutton	20
Jigsaw4U	20
KIDS	20
National Autistic Society	22
Riverside Community Association	24
South Thames Crossroads	25
Springboard Project	25
Sutton Citizens Advice Bureaux	26
Sutton Carers Centre	27
Sutton Mencap	28
Sutton Opportunity Pre-School	29
Sutton Pre-School Learning Alliance	29
Sutton Ramp Events	30
Sutton Women's Aid	31
Voice	31



Universal Services

← Abbey After School

Service	Breakfast Club and after school clubs
Target Group	School age children
Location	Abbey School, 137-141 Glastonbury Rd, Morden, SM4 6NY
Contact/Referral	020 8770 6700

← Bandon Hill Methodist Church Baby and Toddler Group

Service	Every Wednesday morning during term time providing parents/carers with a safe place to bring small children.
Target Group	Children under 5
Location	Sandy Lane North, Wallington, SM6 8LA

← Bandon Hill Playgroup

Service	Playgroup, open 4 days a week, providing a stimulating and varied programme of play and activities which encourages children to play and learn together.
Target Group	Children aged 2 - 5 years
Location	Sandy Lane North, Wallington, SM6 8LA
Contact/Referral	0790 5691271

← Carshalton Cheerleaders

Service	Cheerleading classes running throughout the week and on Saturdays. Qualified coaches to come and deliver sessions at your venue.
Target Group	Ages 4-25 years
Location	Various locations across Carshalton and Wallington
Contact/Referral	carshaltoncheerleaders@hotmail.co.uk
Website	www.carshaltoncheerleaders.org.uk



← Cheam Baptist Church

Service	Toddler group every Tuesday Monday night Brigade, consisting of 4 groups which cover ages 5-18 We have Friday night youth groups for 11-18 year olds and on Sundays we have children's work which starts at crèche level and goes up to 14 (as well as bible study groups for the older teens)
Target Group	Ages 5-18 years
Location	4 Park Road, Cheam, Sutton, Surrey, SM3 8QB
Contact/Referral	020 8642 5070
Website	www.cheambaptist.org

← Cheam Gymnastics and Trampoline Club

Service	Recreational and novice gymnastics and trampolining for girls and boys of all ages. The club participates in training, displays, competitions and is structured for enjoyment and fun in an "achieving" environment.
Target Group	All ages
Location	Cheam High School, Chatsworth Road, Cheam, SM3 8PW
Contact/Referral	020 8394 2102 cheamgymnastics@btinternet.com
Website	www.cheamgymnastics.co.uk

← Chiltern Church

Service	A variety of parent and toddler groups running throughout the week. Messy Church which explores bible themes through arts, crafts, stories and food. Monday after school club. A variety of youth groups. Sunday morning church services.
Target Group	Services split between under 5's, primary age children and secondary age children.
Location	8 Chiltern Road, Sutton, SM2 5QY
Contact/Referral	020 8661 7042 info@chilternchurch.org.uk
Website	www.chilternchurch.co.uk



◀ **Clockhouse Community Association**

Service	Term time after school Junior Club (Tuesday 5-7pm) and Stay and Play sessions (Thursday 12.30 - 2.00pm)
Target Group	Ages 0-12
Location	Clockhouse Halls, 42 Fryston Avenue, Clockhouse, CR5 2PT
Contact/Referral	020 8668 7339 or 020 8763 2328
Website	http://www.spanglefish.com/ClockhouseCommunityAssociation

◀ **Crystal Palace FC Foundation**

Service	Currently running two Kickz projects in Sutton, delivering free positive activities for young people aged 11-18 years. Our main activity is football, but we also offer alternative sports such as boxing and rock climbing.
Target Group	Ages 11-18
Location	Selhurst Park, London, SE25 6PU
Contact/Referral	020 8768 6047 info@cpfoundation.org
Website	www.cpfoundation.org

◀ **EcoLocal**

Service	Cycling activities. Food growing sessions. Community allotment. After school clubs. Environment Fairs
Target Group	Open to all
Location	The Old School House, Mill lane, Carshalton, SM5 2JY
Contact/Referral	020 8770 6611 info@ecolocal.org.uk
Website	www.ecolocal.org.uk

◀ **The Gary Mason Charity**

Service	Offer a variety of drumming workshops delivered where there is demand. Can provide fun drum days at schools. Charges apply for some services (See website)
Target Group	4+ years
Location	8 St Mary Avenue, Wallington, SM6 7JH
Contact/Referral	020 8647 3000 or 07770 533000 info@gary-mason-charity.org
Website	www.gary-mason-charity.org



← Girls Brigade

Service	Work with children and young people from all walks of life providing a holistic programme of life skills and experiences within the context of Christian values. Our weekly activities include games, skill training, craft, discussions, opportunities to serve the community. Occasional residential events are planned for holidays, adventurous activities or leadership training.
Target Group	Separate programmes and meetings are available for each of four age groups 4-8s, 7 – 11s, 10 -14s and 13+
Location	Sutton Baptist Church, 21 cheam Road, Sutton, SM1 1SN
Contact/Referral	020 8642 3584
Website	www.girlsb.org.uk

← Good News Crew Playgroup

Service	Free parent & toddler playgroups for families with pre-school children in the local community. It is free, there is no waiting list, and activities include free-play, story time, craft activities and singing.
Target Group	Under 5s
Location	St Peter's Vicarage, 192 Bishopsford Rd, Morden, SM4 6BH & The Vicarage, 59 Wigmore Road, Carshalton, SM5 1RG
Contact/Referral	020 8648 6050 office@parishofsthelie.co.uk
Website	www.parishofsthelie.co.uk

← Little Angels Parents/Carers & Toddler Group (Kingdom Life City Church)

Service	Offering arts & crafts, role play, book corner, story & song time. Information sessions and leisure activities for parents.
Target Group	0-5 years
Location	Sutton Life Centre, 24 Alcorn Close, Sutton, SM3 9PX
Contact/Referral	020 8686 4010 info@klcc.org.uk
Website	www.klcc.org.uk



◀ Streetwise Community Law Centre

Service	A Law Centre for young people 11-25. Offering legal advice on housing, welfare benefits, education, community care.
Target Group	Young people aged 11-25 in Sutton can access phonline support or travel to Beckenham site
Location	28a Beckenham Road, Bromley, BR3 4LS
Contact/Referral	020 8663 4747 enquiries@streetwiselaw.org.uk
Website	www.streetwiselaw.org.uk

◀ Surrey Clubs for Young People

Service	Access to youth clubs and youth projects, leadership training for young people, support & advice for youth groups, offer low cost activities, including sports, music, arts & outdoor adventure.
Target Group	11-18 year olds
Location	Unit 1, Tillingbourne Court, Dorking Business Park, Dorking, Surrey, RH4 1HJ
Contact/Referral	01306 898006 admin@scyp.co.uk
Website	www.scyp.co.uk

◀ Surrey Predators

Service	Football sessions for boys and girls on Saturday mornings. Aims to increase the participation of local children and young people in the football club and its volunteering opportunities.
Target Group	All ages
Location	Roundshaw Playing Fields Hanniable Way Wallington Surrey SM6 9GH
Contact/Referral	07508050805 surreypredators@yahoo.co.uk
Website	www.surreypredatorsfc.co.uk



← Sutton Churches Tennis Club

Service	Weekly club sessions, some free and the majority of others at low cost. Opportunities for young people to progress in to the LTA Surrey Leagues
Target Group	All ages
Location	O97-101 Gander Green Lane, Sutton, SM1 2ES
Contact/Referral	020 8274 0630 info@clubtennis.co.uk
Website	www.clubtennis.co.uk

← Sutton Community Farm

Service	A community farm providing opportunities for the local community to cultivate skills in agriculture and food growing. The Farm runs a number of activities with children, families and adults, as well as growing and delivering vegetables to the local community. Please visit website for more details.
Target Group	All ages
Location	40a Telegraph Track, Wallington, SM6 0SH
Contact/Referral	077 2215 6097 sam@suttoncommunityfarm.org.uk
Website	www.suttoncommunityfarm.org.uk

← Sutton Community Transport

Service	Provide community transport services and advice to combat social exclusion.
Target Group	All ages
Location	Unit 3, Brookmead Close, Jessops Way, Croydon, CRO 4TS
Contact/Referral	020 8683 3944 karen.thompson@suttonct.co.uk
Website	www.suttonct.co.uk

← Sutton Centre for Equalities

Service	Assistance offered to BME children, young people and families and includes advocacy, support and all other issues related to equalities.
Target Group	All ages
Location	2 Grove Cottage, Grove Park, Carshalton, SM5 3BB
Contact/Referral	020 8770 6199 admin@suttonrec.org.uk
Website	www.suttonrec.org.uk



◀ Sutton District Scout Council

Service	Interesting and adventurous activities for young people with the objective of contributing to the development of their physical, intellectual, social and spiritual potential.
Target Group	6-25 years
Location	21 Buckingham Way, Wallington, SM6 9LU
Contact/Referral	chris.williams@suttonscouts.org.uk
Website	www.suttondistrictscouts.org

◀ Sutton Salvation Army

Service	ToddlerTime (Tues & Wed AM).
Target Group	Under 5s
Location	45 Benhill Avenue, Sutton, SM1 4DD
Contact/Referral	020 8642 9862 suttonsa@xalt.co.uk
Website	www.suttonsa.org

◀ Sutton Schoolsworks (Sutton Schools Christian Workers Trust)

Service	Offer children & young people in schools opportunities to explore Christian teaching and beliefs.
Target Group	Primary & Secondary school age children and young people
Location	Cheam Methodist Church, Church Hill Road, Cheam, SM3 8LJ
Contact/Referral	0845 3883501 secretary@sscwt.org.uk
Website	www.suttonschoolswork.co.uk

◀ Sutton Tennis & Squash Club

Service	Tennis, squash and playball facilities and activities
Target Group	Age 2 years+
Location	8 Devonshire Road, Sutton, SM2 5HQ
Contact/Referral	020 8642 0209 desk@stscsport.co.uk
Website	www.stscsport.co.uk



← United in Dance

Service	Community Dance Social Enterprise providing the following services in the borough. Dance classes for young people aged 4- 18 years. Can provide in-house tutors for sports leaders UK Dance Level 1 & 2 courses. Targeted dance activity for specific groups within various institutions. Volunteering, Training and Employment Opportunities for local people aged 14+
Target Group	Ages 4+, with targeted programmes for disabled children & young people, offenders and NEET young people.
Location	C/O The Phoenix Centre, Mollison Drive, Wallington, SM6 9NZ
Contact/Referral	020 8770 4680 keeley@unitedindance.co.uk
Website	www.unitedindance.co.uk

← Volunteer Centre Sutton

Service	Can provide access to a range of volunteering opportunities for young people and families across Sutton. RESPECT, an intergenerational project providing opportunities to bring together older and younger people with the aim of improving perceptions of safety among Sutton residents.
Target Group	Young people and families
Location	31 West Street, Sutton, SM1 1SJ
Contact/Referral	020 8661 5900
Website	www.vcsutton.org.uk



Early help and targeted

← **Ambition Dance and Drama Community Group**

Service	A youth group supporting awareness in mental health, anti-bullying and BME issues through performing arts
Target Group	5+ years
Location	St Georges Church, Central Road, Morden
Contact/Referral	Ambitionxtroupe@aol.com
Website	www.ambitiondanceanddrama.co.uk

← **Barnados**

Service	Short Breaks to children with Autism and/or Challenging Behaviour at home or within the community
Target Group	Children and young people with Autism and/or Challenging Behaviour.
Location	Hill House, Bishopsford Road, Morden, SM4 6BL
Contact/Referral	0208 648 3200 paul.taylor@barnados.org.uk
Website	www.barnados.org.uk

← **Childrens Trust Tadworth**

Service	Short breaks, care, therapy and education for children with multiple disabilities and complex health needs
Target Group	children and young people with multiple disabilities and complex health needs
Location	Tadworth Court, Tadworth, KT20 5RU
Contact/Referral	01737 365 000
Website	www.thechildrenstrust.org.uk



◀ **Community Drug Services For Young People (CDSSL)**

Service	We currently offer 1-2-1 key work and counselling to young people affected by substances or alcohol directly or live with a family member where there is substance/alcohol misuse that they are affected by.
Target Group	Young people aged 11-24 affected by substance /alcohol misuse.
Location	35 Manor Road, Wallington, SM6 0BQ
Contact/Referral	020 8773 9393 / ben@cdssl.org
Website	www.cdssl.org

◀ **Contact a Family Sutton**

Service	Advice, information and support for families caring for a child or young person with any disability or additional need. Workshops, newsletters, local events and activities. One-to-one support on benefits and grants, help completing forms.
Target Group	Families caring for a child or young person aged 0-25
Location	Hill House, Bishopsford Road, Morden, SM4 6BL
Contact/Referral	020 8640 5525 sutton.office@cafamily.org.uk
Website	www.cafamily.org.uk

◀ **DownsyndromeOK**

Service	Information Days for parents and professionals and social activities for children and young adults. Affiliated to The Down's Syndrome Association
Target Group	Families with a member with Down's syndrome and the young people themselves.
Contact/Referral	020 8330 1597 Karen7@downsyndromeOK.org.uk
Website	www.downsyndromeOK.org.uk



← Family Focus

Service	Parent Support Group (Term time weekly Family support) Family Matters (9 week Parenting Skills Course)
Target Group	For parents of children 0-7 years in need (vulnerable)
Location	Nonsuch Hall (4th Ewell (Nonsuch) Scout Group), 1 Bluegates, London Road, Ewell, KT17 2SA
Contact/Referral	020 8296 0956 info@familyfocusonline.org.uk
Website	www.familyfocusonline.org.uk

← Family Lives

Service	Supporting parents via online services and phone support (0808 800 2222). Can also offer group programmes and 1:1 sessions on a spot purchase or commissioned basis.
Target Group	Parents
Location	Tunstall Children's Centre, Tunstall Road, Croydon, CR0 6TY
Contact/Referral	020 8655 2402
Website	www.familylives.org.uk

← FamilyLine

Service	Family Helpline 0808 800 5678 provides a free confidential listening and emotional support service to any caller experiencing any kind of family difficulty, no matter how big or small their problem(s).
Target Group	Families with children of all ages
Location	PO Box 402, Leatherhead, Surrey, KT22 2GH
Contact/Referral	0808 800 5678 help@familyline.org.uk
Website	www.familyline.org.uk

← HELPP!!

Service	To support parents of challenging children (for example, those with ADHD, aspergers, autism) Offer workshops on a range of topics to help parents to understand and work better with their children.
Target Group	Parents of children with behavioural difficulties
Contact/Referral	020 8288 1039 pete@helpp.me.uk
Website	www.helpp.me.uk



◀ Home-Start Sutton

Service	Trained and supervised local volunteers who have parenting experience offer weekly support to families who are isolated, lacking in other means of support and are finding parenting stressful. In addition we run two family support groups which offer families the opportunity to meet other families in a nurturing welcoming environment. The groups have volunteers and staff on hand to provide a listening ear and practical support and guidance.
Target Group	Parents of children 0-8 years usually experiencing mental or physical health difficulties, disability, domestic violence, parenting issues etc
Location	Alexandra Gardens Childrens Resource Centre, Stanley Road, Carshalton, SM5 4LJ
Contact/Referral	020 8647 6501 homestartsutton@btconnect.com
Website	www.home-start.org.uk

◀ Jigsaw4U

Service	Pre- Bereavement Support. Bereavement support. Interventions for young people who go missing or are experiencing sexual exploitation. Participation programme for young people with disabilities. Home School Links Service. Support for women experiencing domestic abuse
Target Group	Children and young people aged 0-19 years
Location	40 Mill Green Road, Mitcham, CR4 4HY
Contact/Referral	020 8687 1384 info@jigsaw4u.org.uk
Website	www.jigsaw4u.org.uk

◀ KIDS

Service	Short breaks and activities for Children and Young People with disabilities.
Target Group	Age range 3-18 years
Location	49 Mecklenburgh Square, London WC1N 2NY
Contact/Referral	07584349188 arlene.dearlove@kids.org.uk
Website	www.kids.org.uk



◀ **Mentoring and Peer Support (MAPS)**

Service	MAPS is a specialist early intervention service providing mentoring for young people aged 8-25 years. Mentoring provides a consistent and reliable role model to listen and offer a safe space to unpack life, as well as being a platform to engage in positive activities out in the community. The young person only engages if they want to and all of our mentors are volunteers, they are there because they want to make a difference. This coming together of minds achieves results.
Target Group	Looked after children and those leaving care, young people privately fostered, adopted or under special guardianship. We support young people who are NEET and young people referred by the Children and Young Peoples Resource Panel who have complex needs and life situations.
Location	31 West Street, Sutton, Surrey, SM1 4NT
Contact/Referral	020 8661 5900 vcssutton@vcssutton.org.uk
Website	www.vcsutton.org.uk

◀ **Merton & Sutton Mediation**

Service	Mediation services to resolve neighbour disputes, anti-social behaviour, noise disputes, hate crime and hate incidents, hedge disputes, workplace disputes, conflict at school, conflict between young people.
Target Group	All ages
Location	PO Box 101, Morden, SM4 9DJ
Contact/Referral	020 8545 3499 info@mertonandsuttonmediation.com
Website	www.mertonandsuttonmediation.com

◀ **MERU**

Service	Design and manufacture specialised and custom made equipment for children and young people with a disability.
Target Group	0-25 year old children and young people with either a permanent or long term disability
Location	Unit 2 Eclipse Estate 30 West Hill Epsom , KT19 8JD
Contact/Referral	01372 725 203 info@meru.org.uk
Website	www.meru.org.uk



◀ My Time for Young Carers

Service	Free fun activities for children whose lives are negatively affected by the disability or mental or physical ill health of a family member. Club sessions for 8 to 12 year olds are held on the 1st and 3rd Wednesday of each month from 5.30 to 7.00pm. Sessions include plenty of fun and games, crafts and music and when weather permits activities are organised in the adjoining recreation ground. There is a free snack bar as well
Target Group	Children and young people caring for a family member with a disability, mental ill health or physical ill health
Location	Ewell United Reformed Church, London Road, Ewell, KT17 2BB
Contact/Referral Website	info@mytime4youngcarers.com www.mytime4youngcarers.org

◀ National Autistic Society Sutton

Service	Support networks and services available, including short breaks and holiday schemes.
Target Group	Families with a child with Autism
Contact/Referral Website	sutton@nas.org.uk www.nassutton.org.uk/

◀ No Panic

Service	Self-help/support group for people who suffer from anxiety, panic attacks and phobias and will be launching a support group for young people in the Summer of 2013
Target Group	14+ years
Location	Mekon House St Nicholas Way, Sutton, Surrey SM1 1EA
Contact/Referral Website	nopanicsutton@smhf.org.uk www.nopanicsutton.webs.com

◀ Off The Record

Service	Jump Start Counselling Service for young people in Sutton
Target Group	11-21 year olds experiencing emotional and mental health problems
Location	Riverside Centre, 113 Culvers Avenue, Carshalton, SM5 2FJ
Contact/Referral Website	020 8251 0251 info@jumpstartsutton.org www.jumpstartsutton.org



◀ Positive Parenting and Children

Service	PPC provides support to families affected by HIV/AIDs and who live in the Boroughs of Croydon, Kingston, Lambeth, Lewisham, Merton, Richmond, Southwark, Sutton and Wandsworth. PPC provides homebased family support, peer support groups (for adults and young people), fathers work, peer mentoring, volunteering opportunities and advice and information.
Target Group	Families living with HIV/AIDs
Location	Unit 64 Eurolink Business Centre 49 Effre Road, Brixton London, SW2 1BZ
Contact/Referral	020 7738 7333 office@ppclondon.org.uk
Website	www.ppclondon.org.uk

◀ Prince's Trust Sutton

Service	Prince's Trust team programme is a 12 week course designed to develop skills in communication, working with others and leadership through projects in the community.
Target Group	16-25 year olds not in education, training or employment.
Location	PO Box 186, Methodist Youth Centre Beddington Gardens, Wallington, SM6 0HU
Contact/Referral	0208 773 0630 Sutton.pt@south-thames.ac.uk
Website	www.princestrust.org.uk

◀ Rape Crisis South London

Service	Specialist counselling with a fully qualified therapist for up to a year, legal support, information. Girls only. Training around consent and sexual violence in schools, colleges and PRUs. Boys and girls. Self Esteem Workshops from age 13-25. Girls only. Support Groups for parents of abused children, free written information.
Target Group	Children 13 years and over
Location	P.O. Box 383, Croydon, CR9 2AW
Contact/Referral	0208 683 3311
Website	www.rasasc.org.uk



◀ **Relate - Croydon & Wimbledon**

Service	Relationship, family and young people's counselling. Sex therapy, life skills and training. We are the relationship people working hard to keep your relationships fit, healthy and happy.
Target Group	All ages
Location	9-12 Ramsey Court, 122 Church Street, Croydon, CR0 1RF
Contact/Referral	0300 003 3225
Website	www.relatecandw.org.uk

◀ **Riverside Community Association**

Service	Sports/Dance activities for young people. Young carers project. Condom distribution for young people. AQA accredited programmes for young people. Detached and Time Out Youth Projects
Target Group	5+ years
Location	Riverside Centre, 113 Culvers Avenue, Carshalton, SM5 2FJ
Contact/Referral	020 8669 9050 mail@riversidecentre.org
Website	www.riversidecentre.org

◀ **Roundabout**

Service	Provides individual and group dramatherapy sessions for children and young people of primary and secondary age. We currently provide drama therapy services in a number of schools in Sutton: Foresters Primary School Green Wrythe Primary School The Link Primary School The Link Secondary School Stanley Park High School Carew Manor School
Target Group	Mainly targeted referrals via schools for school age children and young people
Location	Cornerstone House, 14 Willis Road, Croydon, Surrey, CR0 2XX
Contact/Referral	020 8665 0038 roundabout@cornerstonehouse.org.uk
Website	www.roundaboutdramatherapy.org.uk



◀ SCILL

Service	Direct payment brokerage service
Target Group	Families with a disabled child on a personal budget
Location	3 Robin Hood Lane, Sutton, Surrey, SM1 2SW
Contact/Referral	020 8770 4045
Website	www.scill.org.uk

◀ South Thames Crossroads

Service	A personal short break service for disabled children and their families in Sutton that can be taken at home or on outings in the community. Children and Young People with Learning Disabilities.
Target Group	Referrals only LBS Learning Difficulties and Disabilities Service.
Location	Vestry Hall London Rd, Mitcham, Surrey CR4 3UD
Contact/Referral	020 8671 6188 karen@souththamescrossroads.org
Website	www.souththamescrossroads.org

◀ Springboard Project

Service	<p>"SMILE" (Sutton Mentoring & Independent Leisure Experiences) is our peer mentoring group which provides regular short breaks for disabled young people in Sutton Borough aged 12-18. We arrange a programme of age related activities and opportunities during term time evenings or weekends as well as daily weekday activities during school holidays and half terms.</p> <p>All the disabled youngsters receive support from young volunteers recruited through local schools and colleges who provide friendship and support.</p> <p>Our SMILE scheme outcomes are focused on increasing independence, improving life skills and extending their social opportunities within the local community so that the young people are prepared with the skills needed for their transition into adulthood.</p>
Target Group	Disabled young people aged 12-18 (we cater for a range of disabilities).
Location	Springboard House, 52 Hurst Road, Horsham, West Sussex, RH12 2EP
Contact/Referral	01403 218888 activities@springboardproject.com
Website	www.springboardproject.com



◀ Straight Talking

Service	Straight Talking employs teenage mothers and young fathers to deliver an interactive programme to 13-16 year olds, presenting the realities of early parenthood. The charity has 2 aims; to reduce the rates of teenage pregnancy and to empower young parents to reach their potential
Target Group	Young parents aged 16 – 25
Location	28-46 Cromwell Road, Kingston, KT2 6RN
Contact/Referral	020 8546 4665 info@straighttalking.org
Website	www.straighttalking.org

◀ St Teresa's RC Church

Service	Pastoral support for children, young people and families. Education programmes for refugee and newly arrived young people. Regular youth groups, holiday schemes and trips.
Target Group	All ages
Location	250 Bishopsford Road, Morden, SM4 6BZ
Contact/Referral	07932 279 822
Website	www.stteresasyouthproject.com

◀ Sutton Afasic Group

Service	We work to improve services for children and young people with speech and/or language impairments living within the borough of Sutton and to provide information and support to their parents.
Target Group	Children/young people with speech and/or language difficulties
Location	80 Link Lane, Wallington, SM6 9DZ
Contact/Referral	020 8647 9449

◀ Sutton Citizens Advice Bureaux

Service	Information and advice on issues such as housing, welfare benefits, employment, debt and relationship breakdown. Offered either by telephone or one-to-one sessions
Target Group	All ages
Location	68 Parkgate Rd, Wallington, SM6 0AH (Appointment only) Sutton Central Libraray, St Nicholas Way, Sutton, SM11EA open for information 10.00 am to 4.00 pm
Contact/Referral	020 8405 3552
Website	www.Suttoncabx.org.uk



◀ Sutton Carers Centre

Service	<p>1) Young Carers Service - advice, information, practical and emotional support, learning and social activities/ breaks, training and time out for young people between the ages of 8 and 18 who have caring responsibilities for parents, siblings or other relatives/friends with illnesses or disabilities.</p> <p>2) AYCES (Action for Young Carers: Education and Support) - specialist service for young people between the ages of 8 and 25 who have caring responsibilities for someone experiencing mental health issues or substance misuse problems. Works alongside the specialist Adult Mental Health Carers Service.</p> <p>3) Adult Carers Services and other family services – support to parents or other family members who have caring responsibilities for a child who is ill or disabled. Specialist counselling/psychological/complementary therapies for individuals and groups.</p>
Target Group	Criteria for all referrals is that the person has unpaid caring responsibilities and gives their consent to be referred. Carers may or may not live with the person they care for, and may also be juggling caring alongside paid work, school or other commitments.
Location	Benhill House 1st Floor, 12-14 Benhill Avenue, Sutton, SM1 4DA
Contact/Referral	020 8296 5611 enquiries@suttoncarerscentre.org
Website	www.suttoncarerscentre.org

◀ Sutton Christian Centre

Service	Rising Starts & BLISS - Parent & Toddler group for premature babies, and under 5s with a disability or additional need. Kidz Klub Friday evening club for 7-11 year olds. Transit - Friday evening club for year 7 upwards
Target Group	All ages
Location	25 Tate Road, Sutton, SM1 2SY
Contact/Referral	020 8642 8117 info@suttonchristiancentre.org
Website	www.suttonchristiancentre.org



◀ Sutton Foodbank

Service	We provide three days of emergency food to individuals and families in crisis. The Foodbank aims to alleviate this poverty and also to signpost for additional support to deal with the underlying issues that may be contributing to the clients current situation. This can include short-term support to clients as appropriate and by agreement
Target Group	People have to be referred by frontline agencies. Usually clients are suffering some aspect of food poverty for a range of reasons
Location	Various
Contact/Referral	07525 838 640 info@suttonfoodbank.org.uk
Website	www.suttonfoodbank.org.uk

◀ Sutton Mencap

Service	Sutton Mencap provides play and leisure opportunities for children and young people who have a learning disability and are aged between 6-18yrs. After School Club: Mon & Tues 3:15-5:45pm (Children aged 6-15yrs) Weds & Thurs 3:30-6:00pm (Young People aged 15-18yrs) Saturday Clubs (Term Time only) 10:00 – 3:00pm (Children and Young people aged 6-18yrs) School Holiday Clubs Mon, Tues, Fri 10:00-3:00pm (Children aged 6-15yrs) Weds & Thurs 10:00-4:00pm (Young People aged 15-18yrs) Phoenix Rangers (term time only) Thurs 4:30-6.30 (Young people with Aspergers aged 10/16yrs))
Target Group	Children and Young People with Learning Disabilities. Referrals only LBS Learning Difficulties and Disabilities Service.
Location	8 Stanley Park Road, Wallington, SM6 0EU
Contact/Referral	020 8647 8600
Website	www.suttonmencap.org.uk



◀ Sutton Opportunity Pre-School

Service	We provide pre-school education for children aged 2 – 5 years. We are fully inclusive and have up to 50% of children on roll who have additional needs. We have close working relationships with the Borough and a range of professionals to support both children and their families.
Target Group	Children aged 2-5 years including children with additional needs
Location	The Grange Beddington Park, London Road, Wallington, SM6 7BT
Contact/Referral	020 8404 3149 suttonoppreschool@suttonlea.org

◀ Sutton Pre-School Learning Alliance

Service	Family support, family learning workshops, children's activities (messy play, story and rhyme, healthy cooking, stay and play), pre-school for ages 2-4, support to early years childcare settings in Sutton and Merton. Level 1 and 2 child care training courses, paediatric first aid training.
Target Group	Families with children under 5
Location	Shanklin Children's Centre 25 Rookley Close Sutton, SM2 6TT
Contact/Referral	020 8406 1354 Tdawson1@suttonlea.org
Website	www.suttonrampevents.org



◀ Sutton Ramp Events

Service	Using extreme sports we engage with children and young people at risk of exclusion. We also target our work to help provide diversionary and preventative activities for children and young people who are at risk of offending and anti-social behaviour. 8-12 age – weekly events 12-14 age – weekly events, schools work and Summer competitions 14-18 age - weekly events, schools work and Summer competitions Universal activities for all and targeted activities for young people at risk of offending and anti-social behaviour.
Target Group	Young people at risk of exclusion. Troubled families Disabled young people through our partnership with Sutton MENCAP and Sutton Young Carers.
Location	St Andrews URC Northey Avenue Sutton, SM2 7HF
Contact/Referral	0208 770 0944 info@suttonrampevents.org
Website	www.suttonrampevents.org

◀ Sutton School Pastors

Service:	We provide support for students in some Sutton Schools. This varies from being a reassuring visible presence after school or offering listening time to students with low level emotional concerns.
Target Group:	Students aged 11-18 need to be referred by relevant school staff in those schools where School Pastors operate
Location:	Various
Contact:	07525 838640 sutton@streetpastors.org.uk
Website	www.suttonstreetpastors.org



◀ Sutton Women's Aid

Service	Sutton Women's Aid is a refuge that provides a place of safety for women and children fleeing domestic violence. It is the only refuge provision in the borough and usually accommodates approximately 30-35 women and 40-50 children per annum. Sutton Women's Aid will be launching a new project in 2013 supporting families affected by domestic violence in their homes and in the community.
Target Group	Women and children affected by domestic violence
Location	PO Box 351, Wallington, SM6 8UX
Contact/Referral	020 8669 7608
Website	http://www.womensaid.org.uk/azrefuges.asp?ref=8235

◀ Sutton Women's Centre

Service	Meet A Mum/ Toddler Group- Fridays 10.00 until 12.00
Target Group	Counselling: women over the age of 18 Women and children only
Location	3 Palmerston Road Sutton, SM1 4QL
Contact/Referral	020 8661 1991 info@suttonwomen.co.uk

◀ Voice

Service	Individual support for children and young people in the Looked after system. Advocacy/Independent visiting/ Children in Care Council/Appropriate Adult Service for unaccompanied asylum seekers age assessment.
Target Group	looked after children, young people leaving care and children in need.
Location	320 City Road London, EC1V 2NZ
Contact/Referral	Freephone: 0808 800 5792 or 020 7520 3798 help@voiceyp.org
Website	www.voiceyp.org

◀ Volunteer Centre Sutton NEET Outreach

Service	Support young people not in education, employment or training to identify support services and engage in volunteering.
Target Group	Young people who are not in education, employment or training
Location	31 West Street, Sutton, SM1 1SJ
Contact/Referral	020 8661 5900
Website	www.vcsutton.org.uk





**Sutton CVS, Granfers Community Centre,
73-79 Oakhill Rd, Sutton SM1 3AA**

**020 8644 2867
enquiries@suttoncvs.org.uk**