



Community Action Sutton
Building Stronger Communities

**Information for
Ward Coordinators
during Covid-19
(Coronavirus) outbreak**

Edition 2

Introduction

This information booklet has been produced by Community Action Sutton.

During these uncertain times information will change frequently, we will be working hard to ensure the information within this booklet is as up to date as possible.

Visit our website and follow us on social media

www.communityactionsutton.org.uk

Twitter <https://twitter.com/ComActionSutton>

Facebook <https://www.facebook.com/Communityactionsutton/>

Useful websites

NHS official information

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Government information

<https://www.gov.uk/coronavirus>

Sutton Council Covid-19 online information

<https://www.sutton.gov.uk/covid-19>

Domestic Abuse information

<https://www.suttoncvs.org.uk/assets/documents/domestic-abuse-info-list-cov>

London Borough of Sutton Safeguarding information

<https://www.suttonsab.org.uk/index.php>

Volunteering information

<https://vcsutton.org.uk/volunteer/covid-19-registration-for-volu-2/>

Sutton Coronavirus Support and Action Facebook page

A page has been set up by Sutton Council to share updates, news, and information on how and where to get help during this time.

<https://www.facebook.com/groups/suttoncoronavirus/>

Community

How to ask for help during the Coronavirus outbreak

If you are in need of help, and are not sure who to talk to, there are three ways to get in touch.

If you or someone you know needs support, please fill in Sutton Council request support form bit.ly/COVID19supportform and they will contact you. You can complete the form at any time.

If you need support from a charity in Sutton, email Community Action Sutton enquiries@communityactionsutton.org.uk we will forward you details for the right charity.

Call Sutton Council 020 8770 5000, option 6. If you are an extremely vulnerable person, please call Sutton Council in the first instance so they can provide immediate support.



Update on services from Citizens Advice Sutton

The Citizens Advice Sutton volunteers and staff are continuing, through the Coronavirus crisis to provide free, confidential, independent, impartial information and advice.

We have adapted our service.

- We have suspended our Sutton office's face to face drop in service.
- We have suspended face to face outreach services.
- We are providing advice exclusively by telephone and online.
- We are all working from home / away from the office.

We are running our usual telephone and online service. People needing information and advice can contact us as usual, Monday to Friday, 9.00 am to 5.00 pm – 020 8405 3552 - or online at www.suttonalps.org.uk

Guidance on coronavirus testing

Coronavirus testing has been extended to include essential workers and members of their household. Take a look at the latest government guidance on who is eligible for a test, how to get tested and the different types of test available.

<https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested#history>

Vulnerable People



Advice Link Partnership Sutton

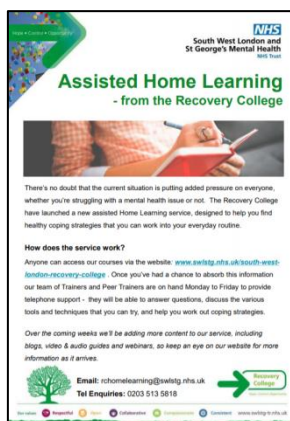
Information and advice

If you or anyone you know needs information or advice on welfare benefits, employment, debt or housing you can contact ALPS from 9:00am to 5:00pm, Monday to Friday on 020 8405 3552 or visit their website www.suttonalps.org.uk

Easy read and BSL Information

Take a look at the most up to date information in easy read/BSL and in different languages

- [Signhealth is providing a videos of summaries of key coronavirus guidance in BSL](#)
- [Public Health England stay at home guidance](#), translated and in easy read
- [NHS guidelines translated into 32 languages by Doctors of the World](#)
- [Easy read information on COVID-19](#) from Mencap
- [Public Health England resources](#) in accessible formats



Assisted Home Learning - from the Recovery College

The Recovery College have launched a new assisted Home Learning service, designed to help you find healthy coping strategies that you can work into your everyday routine.

Anyone can access the courses via the website:

www.swlstg.nhs.uk/south-westlondon-recovery-college

Latest guidance for people receiving direct payments

This guidance is aimed at people who receive support via direct payments through personal budgets and personal health budgets, and local authorities, clinical commissioning groups (CCGs) and providers who support and deliver care via direct payments. Take a look at the [guidance](#)

Children, Young People and Families

Community Action Sutton are continuously adding information including activities and ways to keep children entertained during lockdown to dedicated pages of their website.

<https://www.suttoncvs.org.uk/covid19-childrens-info/>

Advice for parents during coronavirus

Whilst coronavirus is infectious to children it is rarely serious. If your child is unwell it is likely to be a non-coronavirus illness, rather than coronavirus itself.

Whilst it is extremely important to follow Government advice to stay at home during this period, it can be confusing to know what to do when your child is unwell or injured.

Remember that NHS 111, GPs and hospitals are still providing the same safe care that they have always done.

[Here is some advice to help](#)

Time out Youth Project

Riverside Centre has put together a range of online activities, information and events for you to join in with and share with your friends.

Visit their Facebook page - <https://www.facebook.com/TimeOutYouthProject/>

Community Action Sutton

Granfers Community Centre, 73-79 Oakhill Road, Sutton, SM1 3AA

info@communityactionsutton.org.uk

www.communityactionsutton.org.uk

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